

# Food Services MENU



THE CHILDREN'S  
WORKSHOP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Rice Krispies, Oranges, Milk <sup>2</sup></p> <p>Beef Chili, Dinner Rolls, Pineapple, Milk</p> <p>Apples &amp; Goldfish</p>	<p>Corn Muffins Bananas, Milk <sup>3</sup></p> <p>Seasoned Chicken, Brown Rice w. Beans, Carrots, Cantaloupe, Milk</p> <p>Ritz &amp; Cheese Sticks</p>	<p>French Toast, Oranges, Milk <sup>4</sup></p> <p>Tortellini, Green Beans, Pears, Milk</p> <p>Mandarin Oranges &amp; Pretzels</p>	<p>Cheerios, Bananas, Milk <sup>5</sup></p> <p>Chicken Nuggets, Green Beans, Wheat Bread, Oranges, Milk</p> <p>Ritz &amp; Cheese Sticks</p>	<p>English Muffins, Bananas, Milk <sup>6</sup></p> <p>Shepard's Pie, Dinner Rolls, Pears, Milk</p> <p>Apples &amp; Goldfish</p>
<p>Rice Krispies, Oranges, Milk <sup>9</sup></p> <p>American Chop Suey, Peas, Pineapple, Milk</p> <p>Apples &amp; Goldfish</p>	<p>Blueberry Muffins, Bananas, Milk <sup>10</sup></p> <p>Ham Sandwiches, Sliced Cucumbers, Cantaloupe, Milk</p> <p>Ritz &amp; Cheese Sticks</p>	<p>French Toast, Oranges, Milk <sup>11</sup></p> <p>Chicken Tenders, Corn, Wheat Bread, Pears, Milk</p> <p>Mandarin Oranges &amp; Pretzels</p>	<p>Cheerios, Bananas, Milk <sup>12</sup></p> <p>Meatball Subs, Green Beans, Oranges, Milk</p> <p>Ritz &amp; Cheese Sticks</p>	<p>English Muffins, Bananas, Milk <sup>13</sup></p> <p>Mac &amp; Cheese, Carrots, Pears, Milk</p> <p>Apples &amp; Goldfish</p>
<p>Rice Krispies, Oranges, Milk <sup>16</sup></p> <p>Chicken Noodle Soup, Dinner Rolls, Pineapple, Milk</p> <p>Apples &amp; Goldfish</p>	<p>Corn Muffins Bananas, Milk <sup>17</sup></p> <p>BBQ Pulled Pork Sandwiches, Corn, Cantaloupe, Milk</p> <p>Ritz &amp; Cheese Sticks</p>	<p>French Toast, Oranges, Milk <sup>18</sup></p> <p>Chicken Nuggets, Green Beans, Wheat Bread, Pears, Milk</p> <p>Mandarin Oranges &amp; Pretzels</p>	<p>Cheerios, Bananas, Milk <sup>19</sup></p> <p>Cheese Ravioli, Peas, Oranges, Milk</p> <p>Ritz &amp; Cheese Sticks</p>	<p>English Muffins, Bananas, Milk <sup>20</sup></p> <p>Shepard's Pie, Dinner Rolls, Pears, Milk</p> <p>Apples &amp; Goldfish</p>
<p>Rice Krispies, Oranges, Milk <sup>23</sup></p> <p>Chicken Cacciatore, Brown Rice, Pineapple, Milk</p> <p>Apples &amp; Goldfish</p>	<p>Closed <sup>24</sup></p>	<p>Closed <sup>25</sup></p>	<p>Cheerios, Bananas, Milk <sup>26</sup></p> <p>Chicken Patties Sandwiches, Carrots, Oranges, Milk</p> <p>Ritz &amp; Cheese Sticks</p>	<p>English Muffins, Bananas, Milk <sup>27</sup></p> <p>Italian Wedding Soup, Dinner Rolls, Pears, Milk</p> <p>Apples &amp; Goldfish</p>
<p>Rice Krispies, Oranges, Milk <sup>30</sup></p> <p>Meatball Subs, Green Beans, Pineapple, Milk</p> <p>Apples &amp; Goldfish</p>	<p>Corn Muffins Bananas, Milk <sup>31</sup></p> <p>Chicken in a Bowl, Rye Bread, Cantaloupe, Milk</p> <p>Ritz &amp; Cheese Sticks</p>		<p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>	

AGES  
1-13 YRS

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